

Gordon's Gourmet Mac & Cheese

Gordon Melville - Wiley

Ingredients

- 6oz box mac & cheese with powder cheese packet
- 6 cups water
- 1 T salt
- 2 T butter
- $\frac{3}{4}$ cup cottage cheese
- 2-4 T milk
- 2 cups chopped kale, stems removed
- $\frac{1}{4}$ t red pepper flakes
- Cooking spray



Directions

Boil water and salt. Stir in macaroni noodles. Cook 6 minutes, stirring occasionally. Drain.

Heat butter in saucepan. Add drained noodles to the butter. Stir in cottage cheese.

Whisk powdered cheese and milk together. Add to noodles.

Heat skillet over medium heat. Spray with cooking spray.

Add kale to pan and sprinkle with red pepper flakes. Saute 4-5 minutes.

Stir kale into prepared noodles. Makes 4 servings.