Congratulations to the new 2009-10 Elected Officers:

President: Diane Call
Vice President: Vicki Stephens
Treasurer: Deb Roper
Secretary: Nancy Uziemblo

UPCOMING RHS PTSA MEETINGS:
Senior party meetings- May 14 and 28
7 p.m. RHS Library
PTSA Meeting-- May 4, 7 p.m., RHS library

The RHS PTSA will host an overview of Power School (the program replacing Parent Connect) May 4 in the RHS Library at 7 p.m. Come join us and learn about Power School.

PTA Reflections Art Program
Congratulations to these RHS students who received awards from Washington State PTA for their Reflections entries:

- Hilary Hull, Senior Photography, Award of Excellence for “Fun With Freedom”
- Hannah Lake, Senior Visual Arts, Award of Excellence for “Parallel”

Hilary and Hannah will be honored, along with other state Reflections winners, on May 3 in Seattle/Tacoma during the Washington State PTA convention.

The theme for 2009-2010 Reflections Art Program is “Beauty is....”

Can you help on Senior party night, June 5? Adult workers are needed throughout the night from 9:30 p.m. to ~3:30 a.m. You can enjoy the festivities too! Call or leave a message with Sandy Fiskum (628-1424 sandenf@msn.com) or Nancy Uziemblo (943-5762 uziemblo@verizon.net).

A Big Thank you to those who helped assemble the April newsletter: Parents Mary Lee, Nancy Uziemblo, Lory Allen, Becky Allen, and Sue Gaulitz; the Life Skills class: Greg Wright, Jeana Tilden, Caitlin Talbert, Eugene Batista, Shaylee Welker, Hailee Elliott, Garth Mann, Sheldon Roth, Eli Barr, Kyle Ellis, Morgan Sams, Taylor, and Jacob; EA’s: Rita Yourdan and Tina Hubbard; Teacher: Ms. K. Hodges

Hanford High School will be sponsoring a Senior Portrait Fair for Tri-City Juniors (the Class of 2010) on May 7, 4:30 p.m. to 7 p.m. in the Hanford High School Commons Area. Richland High School members of the class of 2010 and their parents are invited to attend.
RHS PTSA NEWS

NOMINATE AN OUTSTANDING EDUCATOR

Do you know an outstanding educator? Nominate one!

The OUTSTANDING EDUCATOR AWARD is offered by RHS PTSA and the Washington State PTA to recognize individuals who go beyond the normal expectations of their jobs to make the learning environment fun, beneficial, and challenging. An outstanding educator could be a teacher, assistant, custodian, bus driver, administrator or community member.

The RHS PTSA will present an OUTSTANDING EDUCATOR AWARD in order to:

1.) enable our PTSA to recognize innovative and successful individuals
2.) support financial grants for students pursuing post-secondary education through a donation in the recipient’s name from RHS PTSA to the Washington State PTA fund.

The enthusiasm and diversity that an educator brings to the classroom directly influences the success of a student. If you know individuals who have provided outstanding educational opportunities for youth, please nominate them.

Send their names and a brief description of why you are nominating them to Nancy Uziemblo at Uziemblo@verizon.net or drop off at the RHS Main Office front desk. **Nominations will be accepted until May 31.**

NOMINATE AN OUTSTANDING EDUCATOR Nomination form

Your name __________________________________________________________

How can we contact you if more information is needed? _____________________

Person being nominated ______________________________________________________

This person is an outstanding educator because

NOW TAKING NOMINATIONS FOR OUTSTANDING VOLUNTEER.....

THE GOLDEN ACORN AWARD A Golden Acorn Award will be presented, by RHS PTSA, to a volunteer in recognition of his/her dedication and service to children and youth. Also, the RHS PTSA makes a contribution in the name of the recipient to the Washington State PTA Financial Grant Program. From these contributions, Washington State PTA is able to provide grants to students entering post-secondary education.

Send your nominations, by May 31, to Robert McAdoo at r.mcadoo@verizon.net
SUMMER SCHOOL AND PROGRAMS

Be looking for Summer School Brochures the middle of May. If you have any question regarding summer school call Jim Qualheim 967-6548.

The Bomber volleyball program will be hosting a middle school camp for 2009 7th, 8th, and 9th graders June 15-18, 2009 from 9-11:30 a.m. daily. Bomber volleyball coaches will provide instruction along with Bomber players as demonstrators and assistants. The camp will be held in the downstairs (Art Dawald) gymnasium at RHS. Cost will be $50, with checks made out to Bomber Boosters. The campers will all receive a t-shirt. Registration forms may be downloaded at the RHS website and mailed to Mr. Bob Raidl, Head Volleyball Coach, Richland High School 930 Long St, Richland, WA 99352.

For more information call Coach Raidl 851-8849. (T-shirts will be ordered about 2 weeks before camp. Late registrants may not have a choice of T-shirt size.)

Spanish immersion program at the high school

Description of the program: this immersion program allows students to practice Spanish for a total of 35 hours in one week. The program will be offered from June 22 until June 26th. Students will use the language in a natural setting and experience the language by going through customs, buying and selling in a market using different currencies, exchanging money at a “bank”, greeting each other with a kiss, creating skits at a restaurant, making commercials, representing a leader from a Spanish speaking country, cooking authentic dishes, visiting with native speakers, learning and playing soccer.

Length of the program: students come from Monday to Friday from 8:30 a.m. until 3:30 p.m.

Requirements: students are allowed to do this program if they are currently enrolled in grades 8-11 and will have earned two credits of Spanish by the beginning of the program (or have equivalent language proficiency).

Location: this immersion program takes place in my classroom. The room is colorfully decorated to attract students’ attention. The room also has all the audio-visual equipment necessary for videos and transparencies. It also has a computer for internet purposes.

Sponsor: Richland Summer school sponsors the program.

Cost: students pay $120, which covers materials. They bring their own lunch.

Prizes: Part of the tuition covers prizes that I purchase from Teacher’s Discovery.

Music: Whenever students are working in class, I have Spanish music in the background.

For more information contact Juan Carlos Olivaress, Spanish Teacher, 967-6535
Parents and friends of Richland High School,

Just a quick note to introduce the Executive Board of RHS PTSA for the 2009-2010 school year.

Diane Call (that’s me) has been elected President for the next school year. I have served this school as the PTSA Treasurer the past year, and as PTA Reflections Program chairperson for RHS the past 2 years. I joined the RHS Boosters last year because they are also a great organization. Previously I was Treasurer at CMS, HHS Band Boosters President, HHS Senior Party co-chair. I’ve been involved with the local Drum Corps International event, Drums Along the Columbia. If the Diamond Ridge Cloggers are performing at an event you’re attending, look for me.

Vicki Stephens will serve as the Vice President and is looking forward to participating on the PTSA team. Vicki has been Vice President of the CMS PTA the past year, and was a chairperson for the Badger Mountain PTO. Last fall, Vicki participated in the 3-Day Breast Cancer walk in Seattle, dedicating her completion of the 60-mile walk to more than 10 women she knows who have been touched by the disease. Vicki works at Battelle, Pacific Northwest National Laboratory, as an Associate Operations Manager. Vicki and her husband are RHS alums.

Nancy Uziemblo will serve as Secretary, as well as continuing to produce fantastic newsletters. She has been involved with PTA for 12 years! Nancy also gets involves with numerous activities here at school (e.g., Bomber booster and Senior Party committee). She is a geologist with the Washington State Department of Ecology. In her spare time, she goes to elementary school classrooms and teaches lessons on earth science and the solar system. Her favorite lessons are “the edible earth” and “planets in the playground.”

Deb Roper will serve as Treasurer. I’ve worked with Deb at CMS PTA, and we’re looking forward to Deb serving in the same position she held last year at Carmichael. Deb previously served as VP at CMS. She is on the board of FREED, plus the Benton Franklin Parent Coalition, which is for families who have developmentally disabled children. Deb travels to Olympia when needed to advocate for people with developmental disabilities, and she helps out at The Arc.

Contact information for each of us will be on the RHS PTSA web site (linked from school web site under ‘Alumni & Boosters’) or www.rsd.edu/schools/rhs/ptsa and will also be published in the newsletter starting with the October issue. We will be recruiting committee chairpersons and helpers, so watch for the membership form and let us know how you’d like to be involved.

We’re looking forward to another great school year in September, but don’t think too much about that right now. Be making your plans to have a great summer!

You might have missed the event (Auction/Fund Raiser) but you can still support the Senior Party by purchasing the Bombers Take Flight wine glasses. These sell for $10 each or 2 for $15. We have a limited supply so act fast. All proceeds support the 2009 Graduation Party. Contact Dennis Fiskum at sandenfi@msn.com, 628-1424.
ATTENTION SENIORS: Scholarship Breakfast is fast approaching. **On May 28, at 7:15 a.m. in the RHS auditorium we will be acknowledging all seniors who have won scholarships from colleges and/or various organizations.**

Parents we need your help! To make certain that we include all scholarship recipients, please help us collect this information by filling out the Scholarship Information Form and return it to the Registrar in the Main Office or send it via email to Shelly.Baker@RSD.EDU. **BY FRIDAY, MAY 15th** We really appreciate your help in this very special event!

**SCHOLARSHIP INFORMATION FORM**

<table>
<thead>
<tr>
<th>NAME:</th>
<th>Last</th>
<th>First</th>
<th>Middle</th>
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<tr>
<td>College you plan to attend:</td>
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**INSTRUCTIONS:**
List below all scholarships that you have received. Include any honor or award you may have received or may have knowledge of receiving such as Scholarships, Academy Appointments, Honors-At-Entrance, and/or unusual achievements. **Please do not list loans or work-study programs.**

<table>
<thead>
<tr>
<th>Organization or College sponsoring award</th>
<th>Type of Award-Classify according to item above</th>
<th>Amount</th>
<th>Do you plan to accept?</th>
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CONGRATULATIONS ARE IN ORDER!!!!!!!

The 47th annual Kiwanis Club Luncheon recognizing Richland School District’s **Class of 2009 top Seniors and Foreign Exchange Students** was held on April 29 at the Clarion Hotel. The students representing RHS are as follows:

**Seniors:**
- Kristin Branton
- Thomas Bryan
- Brian Chou
- Sean Colby
- Jenna Dohman
- Carissa Ghan
- Summer Imran
- Kiley Johnson
- Mikayla Kusuda
- Whitney Landon
- Mary Nelson
- Connie Qiu
- Wesley Rawlins
- Christopher Squier
- Alisha Till
- Sarah Vukelich
- David Wang

**Foreign Exchange Students:**
- Mari Alfarnes-Norway
- Anne Beiderwieden-Germany
- Ka Shing Chan (Raymond)-China
- Andrea Costa Frola-Italy
- Kee Jae Lee-South Korea
- Marije Maliepaard-Holland
- Kazuko Nakazawa-Japan
- Aurelia Rendon de la Cruz-Belgium
- Chayawat Thongkrua-Thailand
- Amelie Vidal-Germany
- Monica Wuthrich-Italy
- Meng Di Zhao (DiDi)-China

Richland High and the Washington Higher Education Coordinating Board are pleased to announce that three **RHS Seniors have been chosen as Washington Scholars for 2009**, for the 8th Legislative District. They are:

Thomas C. Bryan       Brian Chou       David R. Wang

These students and their parents will be honored in Olympia, WA and will celebrate the Washington Scholars Day on May 20, 2009.

Connie C. Qiu was selected as a Washington Scholar-Alternate.

The Masonic Officers Association of Dist. #23 held their **Junior Class Awards** program that recognizes five young men and young women from each area high school. The ceremony was held at the Sunnyside High School on April 23. The outstanding RHS Juniors are:

<table>
<thead>
<tr>
<th>Ellen Bengtson</th>
<th>Elif Nurdogan</th>
<th>Krysta Olberding</th>
<th>Brittney Reents</th>
<th>Merilee Strong</th>
</tr>
</thead>
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<tr>
<td>Kapahi Kawaii-Puua</td>
<td>Nickolas Lee</td>
<td>Michael Severance</td>
<td>Jason Sisk</td>
<td>Niklas Tulberg</td>
</tr>
</tbody>
</table>
CONGRATULATIONS, AGAIN, TO THE RHS KNOWLEDGE BOWL

The RHS Knowledge Bowl team placed seventh at the state Knowledge Bowl tournament March 28 in Camas, WA. The team, consisting of Ellen Bengtson, Freddie Chen, Erik Nelson, Mary Nelson, Christopher Squier, and David Wang, advanced to the semifinal rounds where they outscored Kelso and Central Kitsap to claim seventh place. This marks the fourth straight year RHS has placed at the state tournament. The team is advised by Sandee Stroup and Jason Allen, who were also excited to learn that the state tournament will likely be in one of the Tri-City area schools next year.

GO MATH TEAM! …from Kelly Casto and Ida Baird, Math Team Advisors

The RHS Math Team has placed in the top 25 schools in the four of the five National Assessment and Testing competitions completed so far this year. Each of these contests is either a group or individual effort and takes place at RHS after school. Students are currently involved in the fifth and final competition of the year (in this series), a week-long contest requiring significant time and effort on the students part to solve problems using real-world strategies.

On March 11, the team competed in the Washington State Math Council regional competition hosted at RHS. Two teams placed to attend the state competition and competed April 18 in Yakima.

On March 23, 12 students attended Math Day at University of Washington. The day began with a keynote address relating to statistics. The remainder of the day, students were allowed to choose between field trips to hands on activities and presentations by college instructors regarding the use of math in their particular discipline.

A chapter of Mu Alpha Theta, a national honor society that recognizes excellence in mathematics, was instituted at RHS last spring and members were inducted.

Math Team also placed at regional Math is Cool competition last fall and attended the state contest in Moses Lake in December. Jordan Pettibon was a member of the team that won first place in the Ad Hoc Topical Team Problem at the state competition sponsored by Washington State Math Council.

BRAVO TO RHS CHAMBER CHOIR…from Greg Fryhling, choir director

The Chamber Choir just returned from their trip to New York City and their performance in Carnegie Hall. It was an incredible experience for all involved, getting to spend time in the city and experience as much of what NYC has to offer. It was an amazing opportunity to perform for a near capacity audience at Carnegie Hall and receive a standing ovation. The Chamber Choir would like to thank everyone who assisted in making this trip possible: the RSD School Board, PTSA, Bomber Boosters, and everyone who supported us in our fundraising efforts throughout the year, especially our parent chaperones, Bonnie Mitchell and Chris Jones.

The RHS Choral Department will be presenting the "Just For Fun" concert on Thursday, May 28 at 7:00 p.m. in the RHS auditorium. This year's theme will be musical theatre. Each choir will be presenting music from various Broadway musicals. It is a free concert!
DID YOU KNOW…….

Richland High students raised nearly $9,000 from March 23-27 for our annual spring charity "Pennies for Patients." Pennies for Patients is the name given by the Leukemia/Lymphoma Society of Washington and Alaska. Many of our students brought in their piggy banks, gave up a soda for a day or two, or canvassed their neighborhoods for donations. RHS has been the number one fund-raising school in all of Washington and Alaska for the past four years. It appears that an elementary school in Puyallup is leading this year’s drive by a little over $1200. If your children didn't ask you for help during this drive, the RHS-ASB is asking now! We have until the end of May to tally our totals. You can visit the following website to make an online donation in the name of Richland High School. Local schools making a difference....one penny at a time --go to www.schoolandyouth.org/wa click on - donate now, Washington and Alaska, search, Richland High School.

Did you know that...Leukemia is the #1 disease killer of young people and our money will help the following:
- $500 Provides a leukemia, lymphoma, or myeloma patient with financial aid to support medical treatment
- $250 Provides a Family Support Group for one year
- $100 Helps supply laboratory researchers with supplies and materials critical to their search for cures
- $50 Covers the cost of a co-pay for a CT scan
- $25 Covers a single prescription co-payment
- $5 Provides a newly diagnosed patient with information about their specific disease and support.

ASB NEWS

ASB Elections-- 1st week of May
May 12--RHS will host the Special Olympics Track Meet
May 13--Prom Coronation
May 15-- "Every 15 Minutes Assembly"
May 16-- Prom
May 27-- 8th Grade Tours

The Bomber Football team will be having their spring football camp starting June 1 thru June 19. See the insert for the schedule.

RHS BOMBER BOOSTERS WANT TO KNOW: DO YOU HAVE WHAT IT TAKES?

And what it takes is a willingness to commit to attend monthly meetings and work with other members to discuss requests for funds from school groups, choose special projects, and approve spending Booster funds to meet needs of RHS students and programs! If you are able and willing to do these things, then you DO have what it takes to be a Bomber Booster board member!

We are seeking 12 RHS supporters to serve on the Board of Directors for 1-year or 2-year terms. The next meeting is May 5 at 6:30 p.m. in the RHS Main Office. Come see what it’s all about. The Boosters will hold a General Membership meeting on May 14 at 6:30 p.m. at the new Fran Rish Stadium concessions building. All Booster members please come join us then for dinner.
DID YOU KNOW.....ONE OF OUR OWN TEACHERS, MR. BRIAN R. SMITH (Material Science Technology) has been accepted into the Department of Energy's Academy Creating Teacher Scientists program at Battelle for the next 3 summers. This is a program designed to pair up Math, Science, and Technology teachers with staff scientists at one of the National Labs and work to strengthen real world scientific inquiry and skills. He will participate in leadership activities and become points of reference for the region in his specialties, Material Science and curriculum development. WAY TO GO!

RHS THEATRE ARTS

The Richland High School Theatre Arts program has won the State Theatre Competition for the third year in a row! Seven students from RHS competed at the Washington State Thespian Festival this March in categories such as monologue, musical solo, musical duet, group acting, and group musical performance. Students David Petty (junior), Justin Jonson (senior), and Charlotte Miley (junior) won the group musical category for their performance of “Those You’ve Known” from the musical Spring Awakening. These three students received a Double Superior rating (the highest score possible) and were chosen to perform at the State Showcase Performance the final night of the festival. Other Richland High School students receiving a Double Superior at the state level include Bridgid Abrams (sophomore), Elizabeth Andrews (senior), Cassie Bender (sophomore), and Mari Cannon (senior).

RHS STAFF WALKS FOR BREAST CANCER!

Jan Castorina, Ida Baird, Sue Rulon, Laurie Price, and Debbie Crass (of RHS) and Kristy Warren (Jan's niece) are now the Pink-Souled Sisterhood; we are all committed to walking the Seattle Breast Cancer 3-Day on September 11, 12, and 13. We will each walk 60 miles over the three days to raise money for breast cancer research and community outreach through the Susan G. Komen for the Cure and the National Philanthropic Cancer Fund.

One in every eight women in the United States will be diagnosed with breast cancer. Jan was diagnosed in August 2007 with a particularly evasive form of breast cancer. Thankfully, after several surgeries, chemotherapy, and radiation, Jan is now cancer-free. The rest of us have had lumpectomies or lost friends and relatives. But many more women in our district, both staff members and our children’s mothers, aunts, sisters, and grandmothers face this dreaded disease. We walk for the cure. Each of us must raise at least $2,300 in order to participate. Any donation you give to help us achieve our goal will be appreciated. Donations, which are 100% tax deductible, can be made in several ways. Checks can be made out to Breast Cancer 3-Day and then mailed to the school or sent in with your child. On-line donations can be made on the website at www.the3day.org. (Search the team name or any individual member's name to donate.) Later this spring we will also be selling T-Shirts to raise money. Please help us eradicate breast cancer.
Superintendent and School Board President seek input on budget – May public meetings

Dear Parents,

Thank you for your ongoing support of the Richland School District. Your willingness to approve levies and bond issues, volunteer in classrooms and encourage your children at home are just some of the ways you’ve helped us create a quality educational system.

You are all aware of the state’s economic woes. There has been a constant stream of media stories about how the state budget deficit will negatively impact higher education, health services, transportation, K-12 education, etc. Despite this news, the school board and administration are committed to preserving jobs and preserving the District’s excellent academic program.

We know that the District will be receiving less money from the state next year. However, we don’t know specific amounts at this time. The House, Senate and Governor each have budget proposals. Serious negotiations and compromise are now taking place to come up with a final state budget for the 2009-11 biennium. In addition, the federal government has indicated that stimulus money will be distributed to school districts to make up for state funding reductions.

The school board has asked district and building administrators to analyze budgets, evaluate programs and develop cost savings options. We’re looking at the entire system and all budgets. We’re doing our homework now so we’ll be prepared when final state and federal numbers are announced sometime later this spring.

The financial challenge will not be one or two years, but, more likely, three to four years encompassing two local levy campaigns. The District’s financial situation is better than many districts because of the sound management principles put in place over the last 12 years. The District’s zero-based funding and staffing practices have required that budgets not be just “rolled over”, but scrutinized every year. The school board has required that each budget be balanced between revenues and expenditures.

We welcome your input as we go through this process. If you have ideas about how to trim costs while preserving jobs and programs, please contact us by phone/email or attend one of the public meetings listed below:

Budget public information meetings:
Monday, May 4, 7:00 p.m. – Jefferson Elementary School, Parent Portable E
Friday, May 8, 12:15 p.m. – Badger Mountain Elementary School, Library
Monday, May 11, 5:30 p.m. – Enterprise Middle School, Library
Monday, May 18, 6:30 p.m. – Richland High School, Room 1114

Jean Lane  
Superintendent  
967-6001  
jean.lane@rsd.edu

Rick Jansons  
School Board President  
528-3488  
rickjansons@msn.com
“I think somehow we learn who we really are and then live with that decision.”

Eleanor Roosevelt, US diplomat & reformer (1884 - 1962)

**CLASS OF 2009 - SENIOR PARTY MEETINGS**  
MAY 14 AND 28, 7 p.m. IN THE RHS LIBRARY  
For more information contact Sandy Fiskum at sandenf@msn.com, 628-1424 or Kristina Rawlins at kristinaandkids@juno.com.

**RHS PTSA MEETING--**  
MAY 4, 7 p.m. IN THE RHS LIBRARY

**The 2009-10 Richland School District calendar** will be directly impacted by budget issues currently being debated in the state legislature. Consequently, the 2009-10 calendar will not be finalized until after the current legislative session has ended in late May. However, there are some dates in next year's calendar that have been approved:

- First day of school-Tuesday, September 1
- Winter break-weeks of December 21 and 28
- Spring break-week of March 29.
Register @ RHS on Wednesday May 20th between 5:30-7:00 p.m. in Art Dawald Gymnasium or with the bookkeeper (after May 20th)

**Program Description**

*Bomber Athletic Development is a comprehensive athletic development program for both male and female student-athletes entering grades 6-12 in the Richland School District.* This program is neither gender nor sport specific and will focus on enhancing each student’s strength, speed, agility, and overall health and fitness through a variety of strength training exercises and techniques approved by the American Medical Association and the National Strength and Conditioning Association. Some of the numerous benefits of this program include: *injury prevention, increased strength and speed, development of a disciplined work ethic, improved self-esteem, etc.* BAD has been in existence since 2000 and has benefited well over 3000 athletes.

**Instructors**

*Earl Streufert*- Coach Streufert is certified by the National Strength and Conditioning Association as a Certified Strength and Conditioning Specialist since 1994, recertified in 2008. He is the head Boys Basketball Coach at RHS and currently teaches Physical Education.

*Kevin Norris*- Coach Norris has been involved in the BAD program for 5 years and currently teaches health and coaches at football, basketball, and golf at Richland High School.

**Schedule**

BAD will meet Monday-Thursday for approximately eight weeks each summer. Three separate sessions will be offered daily from June 15-August 6th.

<table>
<thead>
<tr>
<th>Session 1</th>
<th>Session 2</th>
<th>Session 3</th>
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<tr>
<td>High School (entering grades 9-12)</td>
<td>Middle School (entering grades 6-8)</td>
<td>High School (entering grades 9-12)</td>
</tr>
<tr>
<td>7-8:30 a.m.</td>
<td>8:30-9:30 a.m.</td>
<td>9:30-11:00 a.m.</td>
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**Cost**

$40.00

T-shirts will be given to athletes who complete 80% of the workouts. Scholarships are available for student-athletes in need. Contact Coach Streufert for more information. If you have any questions about this program, don’t hesitate to contact me.

Earl Streufert, Certified Strength and Conditioning Specialist
Cell: 531-5089
e-mail: Earl.Streufert@rsd.edu

***To register, each athlete must:***

1) Have a current physical (good for 1 calendar year)
2) Complete an Athletic Profile Sheet (available at RHS)
3) Pay the $40 fee. **Checks payable to RSD.**
“SOAK UP THE SUN” - Senior Party

Tickets are $30 (until May 31, 2009) or $35 at the door.

Party date-Friday, June 5, from 10 p.m.–3:30 a.m.
at the Cathedral of Joy Church campus

HOURS OF FUN FOR JUST $30

LOADS OF ENTERTAINMENT!!

Hypnotist  Cash Vault  Henna Tattoos
Music  Bingo  Door Prize Drawings
Open Mic  Photo  Large Inflatables
Casino  Food  Trading Post

lots and lots and lots of PRIZES

All tickets purchased by May 14 will be entered in a drawing for a $50 Simon Gift Card
All tickets purchased by May 28 will be entered in a drawing for a $25 Starbucks Gift Card

Drawings will be held during the morning announcements May 15 and May 29

RHS CLASS OF 2009 TICKET ORDER FORM

STUDENT NAME ______________________________ PARENT NAME _____________________________
PHONE NUMBER ______________________________
E-MAIL ADDRESS (to confirm receipt) _______________________________________________________

Three ways to purchase Tickets:

1. Mail form and payment to: Heidi Larsen, 2415 Whitworth Ave., Richland, WA 99352
2. Buy at school: Tickets will be sold in the cafeteria during lunch on Tuesdays and Thursdays during May. Cash or checks accepted.
3. Drop off to bookkeeper: Forms available outside the ASB office in the “Senior Party” envelope. Include form and payment.

Make Checks out to RHS PTSA 2009 Senior Party
Questions? Call Heidi Larsen 628-0283
BEAST is a summer program developed by the Bomber Cross Country coaches 9 years ago that emphasizes the **endurance aspect** of training on a daily basis, along with full body strength, core work, flexibility, goal setting, nutrition, running and sport form technique, training logs, recovery strategies, etc. It emphasizes a fun and relaxed atmosphere with workouts geared to the level of conditioning for each athlete and the sport they participate in. Our program builds upon itself in both intensity and mileage for those that choose that option. In the past we have had athletes from the following areas participate in our program:

- **CROSS COUNTRY**
- **TRACK**—all areas, including throws
- **SOCCER**
- **WRESTLING**
- **GOLF**
- **TENNIS**

Teenagers and adults interested in a general personal training program

**REGISTRATION BEGINS ON MONDAY, MAY 11th**
- **RHS CAFETERIA**—6pm–7pm
- Information and video provided at this session
- **FOR MORE INFORMATION**—Call Lauri Sax at 628-3150

Program runs from June 15th to July 31st—7 weeks—$140—includes trip to Silverwood and Farragut State Park on June 30th—$100 for those not sure if they are going to Silverwood (can reserve a spot later for a slightly higher price if there is room). Most daily workouts run from 8-10 am at various Tri-City locations, you provide your own transportation to and from workouts. Usually 5 or more supervised workouts/week, along with one 30-60 minute informational lesson/week. Schedule will be provided beginning May 11th.

**FUNDRAISING and SCHOLARSHIP opportunities to reduce the cost are available**—Information provided at May 11th meeting.
MAY 29: FRIDAY HELMET CHECKOUT  All returning players need to report to the stadium at 2:30 p.m. to check out their helmet. You will need to bring your Football Camp receipt with you to check out your helmet. Incoming Frosh players will check out their helmets at 4:00 in the stadium. You will need to bring your Football Camp receipt with you to check out your helmet.

JUNE 1 Monday  ALL PLAYERS 9-12:  PRACTICE #1  HELMETS ONLY 10-12: 3:00-5:00  Frosh: 4:00-5:30  GEAR ISSUE: Returning Lettermen

JUNE 2 Tuesday  ALL PLAYERS 9-12  PRACTICE #2  HELMETS ONLY 10-12: 3:00-5:00  Frosh: 4:00-5:30  GEAR ISSUE: Seniors-Juniors

JUNE 3 Wednesday  ALL PLAYERS 9-12  PRACTICE #3  HELMETS ONLY 10-12: 3:00-5:00  Frosh: 4:00-5:30  GEAR ISSUE: Sophomores and incoming Freshmen

JUNE 4 Thursday  ALL PLAYERS 9-12  PRACTICE #4 FULL PADS 10-12: 3:00-5:00  Frosh: 4:00-5:30

JUNE 5 Friday  RICHLAND HIGH SCHOOL GRADUATION  4:30 TOYOTA CENTER ALL PLAYERS NO PRACTICE

JUNE 8 Monday  ALL PLAYERS 9-12  PRACTICE #5 FULL PADS 10-12: 3:00-5:00  Frosh: 4:00-5:30

JUNE 9 Tuesday  ALL PLAYERS 9-12  PRACTICE #6 FULL PADS 10-12: 3:00-5:00  Frosh: 4:00-5:30

JUNE 10 Wednesday  LAST DAY OF SCHOOL  ALL PLAYERS: NO PRACTICE

JUNE 11 Thursday  ALL PLAYERS 9-12  PRACTICE #7 FULL PADS 10-12: 3:00-5:00  Frosh: 4:00-5:30

JUNE 12 Friday  ALL PLAYERS 9-12  PRACTICE #8 FULL PADS 10-12: 3:00-5:00  Frosh: 4:00-5:30

JUNE 15 Monday  TRI-CITY FOOTBALL CAMP  ALL PLAYERS 9-12  PRACTICE #9 FULL PADS 8:00-9:00  BOMBER ATHLETIC DEVELOPMENT [BAD] 9:30-11:00  PRACTICE Carmichael Practice fields 4:30-7:30  PRACTICE #10Hanford High School  Scrimmage Pasco-Pendleton

JUNE 16 Tuesday  TRI-CITY FOOTBALL CAMP ALL PLAYERS 9-12  PRACTICE #11 FULL PADS 8:00-9:00  BOMBER ATHLETIC DEVELOPMENT 9:30-11:00  PRACTICE Carmichael Practice fields 4:30-7:30  PRACTICE #12Hanford High School  Scrimmage Kennewick-Sunnyside

JUNE 17 Wednesday  TRI-CITY FOOTBALL CAMP ALL PLAYERS 9-12 8:00-9:00  BOMBER ATHLETIC DEVELOPMENT 9:30-11:00  PRACTICE #13 FULL PADS Carmichael Practice Fields 4:30-7:30  PRACTICE #12Hanford High School Scrimmage Hermiston-Pendleton

JUNE 18 Thursday  TRI-CITY FOOTBALL CAMP ALL PLAYERS 9-12 8:00-9:00  BOMBER ATHLETIC DEVELOPMENT 9:30-11:00  PRACTICE #13 FULL PADS Carmichael Practice Fields 4:30-7:30  PRACTICE #14Hanford High School Scrimmage Kamiakin-Hanford

JUNE 19 Friday  TRI-CITY FOOTBALL CAMP ALL PLAYERS 9-12  LAMPSON STADIUM  4:00 SCHEDULE TO BE DETERMINED

*Respect All, Fear None
2009 Bomber Boys Basketball Camp

Camp Philosophy

It takes many hours of hard work and dedication to excel in the game of basketball. This clinic provides a positive and fun learning environment which will help each participant, regardless of current skill level, develop both fundamental skills and team concepts through closely supervised drills and positive competition. Through exposure to competition and skill development, the clinic seeks to instill the desire it takes to become a successful player and person.

Camp Highlights

- Bomber Basketball T-shirt & Basketball for each camper
- 20+ Shooting Stations
- Recently remodeled facility
- Daily Competitions/Prizes
- Instruction in Offensive and Defensive Fundamentals
- Low Instructor/Player Ratio
- Shooting Clinic
- Instructional Videos
- Daily Scrimmages

When:

<table>
<thead>
<tr>
<th>Session 1 (Entering Grades 2-5)</th>
<th>Session 2 (Entering Grades 6-9)</th>
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<tbody>
<tr>
<td>June 15-19</td>
<td>June 22-26</td>
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<tr>
<td>Grades 2-3 12:00-2:00 p.m.</td>
<td>Grades 6-9 12:00-3:00 p.m.</td>
</tr>
<tr>
<td>Grades 4-5 2:00-4:00 p.m.</td>
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</tbody>
</table>

Where: Richland High School-Art Dawald Gymnasium

Cost: Session 1: $40.00 Session 2: $50.00

Clinicians: Head Boys Basketball Coach Earl Streufert and Bomber Basketball Staff

Bomber Booster Boys Basketball Camp Registration

Clip/Mail to: Coach Earl Streufert, 1442 Alice Street, Richland WA, 99352

Name____________________________________Entering Grade______

Address_____________________________________

City__________________State___Zip___________Phone_____________________

E-Mail________________________________________

I hereby authorize the staff of the Bomber Basketball Camp to act for me according to their best judgment in any emergency requiring medical attention. I hereby waive and release the camp of any and all liability incurred while at camp.

Parent or Guardian_____________________________________________________________

Camp Fee

| Session 1: $40.00 |
| Session 2: $50.00 |

Checks Payable To: Bomber Boosters

***Each Camper will receive an official Bomber Basketball and T-shirt***

**Early registration by mail is recommended, but participants may also register on the first day**

If you have questions regarding the Bomber Basketball Camp, contact Coach Streufert.

Coach Earl Streufert: Phone: (Cell) 531-5089 / E-mail: Earl.Streufert@rsd.edu.